

Zeiten	Montag				Zeiten	Dienstag				Zeiten
	Halle 1		Halle 2	Günther Wendisch Halle		Halle 1		Halle 2	Günther Wendisch Halle	
	1/3	2/3				1/3	2/3			
10.00-10.30h				9.30 - 10.30 Uhr Step-Aerobic	10.00-10.30h					10.00-10.30h
10.30-11.00h					10.30-11.00h					10.30-11.00h
11.00-11.30h					11.00-11.30h					11.00-11.30h
11.30-12.00h					11.30-12.00h					11.30-12.00h
12.00-12.30h					12.00-12.30h					12.00-12.30h
12.30-13.00h					12.30-13.00h					12.30-13.00h
13.00-13.30h					13.00-13.30h					13.00-13.30h
13.30-14.00h	Kindergarten				13.30-14.00h		Schule AG			13.30-14.00h
14.00-14.30h	Schul-Sport				14.00-14.30h	Schul-Sport				14.00-14.30h
14.30-15.00h					14.30-15.00h					14.30-15.00h
15.00-15.30h					15.00-15.30h					15.00-15.30h
15.30-16.00h	WJE 1+2			Kinderturnen bis 17:15	15.30-16.00h		Mädchen Hol/Este			15.30-16.00h
16.00-16.30h					16.00-16.30h	MJE				16.00-16.30h
16.30-17.00h					16.30-17.00h					16.30-17.00h
17.00-17.30h	WJC 2+3	2008er			17.00-17.30h		U8 Holvede	Zumba		17.00-17.30h
17.30-18.00h					17.30-18.00h	WJD	MJD			17.30-18.00h
18.00-18.30h	Stützpunkt	MJC			18.00-18.30h			Wirbelsäulengymnastik		18.00-18.30h
18.30-19.00h					18.30-19.00h		WJC 1	MJB	Wirbelsäulengymnastik	18.30-19.00h
19.00-19.30h	MJC				19.00-19.30h					19.00-19.30h
19.30-20.00h		2003er		ab 17:15 Tischtennis	19.30-20.00h	1. Herren				19.30-20.00h
20.00-20.30h	1. Damen				20.00-20.30h		2. Damen / 3. Damen		Step Aerobic	20.00-20.30h
20.30-21.00h		Damen Hol/Este			20.30-21.00h	Badminton	1-3 Damen			20.30-21.00h
21.00-21.30h					21.00-21.30h		2. Herren			21.00-21.30h
21.30-22.00h					21.30-22.00h					21.30-22.00h

Mittwoch				Zeiten	Donnerstag				Zeiten					
Halle 1		Halle 2	Günther Wendisch Halle		Halle 1		Halle 2	Günther Wendisch Halle						
1/3	2/3				1/3	2/3								
				10.00-10.30h				10.00-10.30h						
				10.30-11.00h				10.30-11.00h						
				11.00-11.30h				11.00-11.30h						
				11.30-12.00h				11.30-12.00h						
				12.00-12.30h				12.00-12.30h						
				12.30-13.00h				12.30-13.00h						
				13.00-13.30h				13.00-13.30h						
				13.30-14.00h				13.30-14.00h						
				Schul-Sport					14.00-14.30h	Schule AG	Schule AG		14.00-14.30h	
									14.30-15.00h				14.30-15.00h	
		2009er / 2010er	Sen.- Gymnastik	15.00-15.30h				15.00-15.30h						
				15.30-16.00h				15.30-16.00h						
WJB			Eltern-Kind	16.00-16.30h	MJE	MJD	Judo	16.00-16.30h						
				16.30-17.00h					16.30-17.00h					
MJB	2007er			17.00-17.30h	WJC 1			17.00-17.30h						
			17.30-18.00h			2006er		17.30-18.00h						
			18.00-18.30h					18.00-18.30h						
			18.30-19.00h					18.30-19.00h						
WJA	2002er		Bodyfit	19.00-19.30h	MJC			19.00-19.30h						
				19.30-20.00h				2005er	19.30-20.00h					
			Rückenfit	20.00-20.30h	2. Herren				20.00-20.30h					
				20.30-21.00h					20.30-21.00h					
2. Damen / 3. Damen		U19 / Holvde		21.00-21.30h				21.00-21.30h						
				21.30-22.00h	1. Herren	1. Damen	Fitneß- gruppe	21.30-22.00h						

Freitag			Samstag			
Halle 1		Halle 2	Günther Wendisch Halle	Halle 2 und G.W. Halle		Günther Wendisch Halle
1/3	2/3					
				09.30-10.30h	2011er	
				10.30-11.00h		
				11.00-11.30h		
				11.30-12.00h		
				12.00-12.30h		
				12.30-13.00h		
				13.00-13.30h		
				13.30-14.00h		
				14.00-14.30h		
				14.30-15.00h		
Superminis				15.00-15.30h		
MJE / WJE			Eltern-Kind-Turnen	15.30-16.00h		
	WJE 2			16.00-16.30h		
WJD				16.30-17.00h		
	WJC 2 + 3			17.00-17.30h		
WJB				17.30-18.00h		
	WJA		Tischtennis	18.00-18.30h		
MJA				18.30-19.00h		
	2000 / FC Este			19.00-19.30h		
Badminton	Fußball Ü40			19.30-20.00h		
				20.00-20.30h		
				20.30-21.00h		
				21.00-21.30h		
				21.30-22.00h		