

Zeiten	Montag				Zeiten	Dienstag			
	Halle 1		Halle 2	Günther Wendisch Halle		Halle 1		Halle 2	Günther Wendisch Halle
	1/3	2/3				1/3	2/3		
10.00-10.30h				9.30 - 10.30 Uhr Step-Aerobic	10.00-10.30h				
10.30-11.00h					10.30-11.00h				
11.00-11.30h					11.00-11.30h				
11.30-12.00h					11.30-12.00h				
12.00-12.30h					12.00-12.30h				
12.30-13.00h					12.30-13.00h				
13.00-13.30h					13.00-13.30h				
13.30-14.00h	Kindergarten				13.30-14.00h	Schule AG			
14.00-14.30h	Schul-Sport				14.00-14.30h	Schul-Sport			
14.30-15.00h					14.30-15.00h				
15.00-15.30h			15.00-15.30h						
15.30-16.00h	WJE 1+2		Kinderturnen bis 17:15	15.30-16.00h	Mädchen Hol/Este				
16.00-16.30h				16.00-16.30h	MJE				
16.30-17.00h			ab 17:15 Tischtennis	16.30-17.00h			Zumba		
17.00-17.30h	WJC 2+3			17.00-17.30h	U8 Holvede				
17.30-18.00h	2008er			17.30-18.00h	WJD	MJD		Wirbelsäulengymnastik	
18.00-18.30h	Stützpunkt			18.00-18.30h				Wirbelsäulengymnastik	
18.30-19.00h	MJC			18.30-19.00h	WJC 1			MJB	
19.00-19.30h	MJC			19.00-19.30h	1. Herren			2. Damen / 3. Damen	
19.30-20.00h	2003er			19.30-20.00h				Step Aerobic	
20.00-20.30h	1. Damen			20.00-20.30h					
20.30-21.00h				20.30-21.00h	Badminton	1-3 Damen		2. Herren	
21.00-21.30h	Damen Hol/Este			21.00-21.30h					
21.30-22.00h			21.30-22.00h						

Zeiten	Mittwoch				Zeiten	Donnerstag				Zeiten
	Halle 1		Halle 2	Günther Wendisch Halle		Halle 1		Halle 2	Günther Wendisch Halle	
	1/3	2/3				1/3	2/3			
10.00-10.30h					10.00-10.30h					10.00-10.30h
10.30-11.00h					10.30-11.00h					10.30-11.00h
11.00-11.30h					11.00-11.30h					11.00-11.30h
11.30-12.00h					11.30-12.00h					11.30-12.00h
12.00-12.30h					12.00-12.30h					12.00-12.30h
12.30-13.00h					12.30-13.00h					12.30-13.00h
13.00-13.30h					13.00-13.30h					13.00-13.30h
13.30-14.00h					13.30-14.00h					13.30-14.00h
14.00-14.30h					14.00-14.30h					14.00-14.30h
14.30-15.00h		Schul-Sport			14.30-15.00h	Schule AG	Schule AG			14.30-15.00h
15.00-15.30h					15.00-15.30h					15.00-15.30h
15.30-16.00h					15.30-16.00h					15.30-16.00h
16.00-16.30h					16.00-16.30h					16.00-16.30h
16.30-17.00h	WJB	2009er / 2010er	Sen.-Gymnastik		16.30-17.00h	MJE	MJD			16.30-17.00h
17.00-17.30h			Eltern-Kind		17.00-17.30h					17.00-17.30h
17.30-18.00h					17.30-18.00h	WJC 1				17.30-18.00h
18.00-18.30h	MJB	2007er			18.00-18.30h		2006er			18.00-18.30h
18.30-19.00h					18.30-19.00h					18.30-19.00h
19.00-19.30h					19.00-19.30h	MJC				19.00-19.30h
19.30-20.00h	WJA	2002er	Bodyfit		19.30-20.00h		2005er			19.30-20.00h
20.00-20.30h			Rückenfit		20.00-20.30h	2. Herren				20.00-20.30h
20.30-21.00h					20.30-21.00h					20.30-21.00h
21.00-21.30h	2. Damen / 3. Damen	U19 / Holvde			21.00-21.30h		1. Damen		Fitneßgruppe	21.00-21.30h
21.30-22.00h					21.30-22.00h	1. Herren				21.30-22.00h

Freitag			Samstag				
Halle 1		Halle 2	Günther Wendisch Halle	Halle 2 und G.W. Halle		Günther Wendisch Halle	
1/3	2/3						
				09.30-10.30h	2011er		
				10.30-11.00h			
				11.00-11.30h			
				11.30-12.00h			
				12.00-12.30h			
				12.30-13.00h			
				13.00-13.30h			
				13.30-14.00h			
				14.00-14.30h			
				14.30-15.00h			
				15.00-15.30h			
Superminis				15.30-16.00h			
MJE / WJE			Leicht- athletik 1	16.00-16.30h			
WJD		WJE 2		16.30-17.00h			
WJB		WJC 2 + 3	Leicht- athletik 2	17.00-17.30h			
MJA		WJA		17.30-18.00h			
Badminton		2000 / FC Este	Tischtennis	18.00-18.30h			
				18.30-19.00h			
				19.00-19.30h			
				19.30-20.00h			
				20.00-20.30h			
				20.30-21.00h			
				21.00-21.30h			
				21.30-22.00h			